



Our suggestions for theme paths

South Tyrolean Strawberry Path

Duration: 2 hours | Length: 8 km

“Berry” Fun For The Whole Family

During a hike on the South Tyrolean Strawberry Path you can not only experience the Val Martello / Martelltal Valley from its most beautiful side but also learn everything there is to know about strawberries at seven stations along the way. The Strawberry Path starts at the Recreational Center Trattla, and leads up the valley to the village of Ganda and back. The path is perfectly signposted; the icon of the topical path – the strawberry – shows you the correct way to go. And since on this 2-hour hike there is only a difference of about 170 meters in altitude, it is also easy for children. There is a brochure about the South Tyrolean Strawberry Path with lots of useful information, which is available in the Visitors' Center culturamartell and at the Val Martello / Martelltal Valley Tourism Association.



Forested Mountain Farmer Path

Duration: 3 hours | Length: 7 km

The Forested Mountain Farmer Path is located below Orgelspitze mountain (also called Punto di Lasa mountain) and leads past traditional Val Martello / Martelltal mountain farms. Along the path you can learn all about the life of mountain farmers in the Venosta / Vinschgau Valley at seven stations along the way. The path is 8 km long in total, and negotiates a difference of about 430 meters difference in altitude, offering a very special hiking experience due to its breathtaking mountain scenery and unique cultural landscape.





Plima Gorge Path

Duration: approx. 1,5 hours | Length: 6 km

The path through the Plima gorge in Martell

The Plima gorge in the Martell Valley has been cut deep into the rock over thousands of years. Since 2017 a new loop path leads you through the narrow gorge with its almost vertical walls.

Four impressive steel constructions allow you to almost step into the gorge and offers breathtaking views near the roaring water.



For a quick break, stop at the hut „Zufallhütte“ (2.2.56 m above sea level) right before the end of the path.